

# Less mess, more moments.

with Deanna Zacharia, The Sorted Home, Adelaide



If you're looking for a way to feel **less stressed and more energised**, it might be time to get decluttering!

When you only have what you **NEED** and **LOVE**, you'll create a streamlined and simplified home.

Living with less will increase your **productivity** and create a greater sense of calm in your life.



## DECLUTTERING: Getting Started

### SET A GOAL

Determine why you are doing this and what you want to achieve. This will keep you motivated!

### CATEGORISE

Sort items by category to help you make decisions more efficiently and prevent getting overwhelmed during the process.

### START SMALL

Begin with a small area, such as a single drawer or cupboard, and work your way up to larger spaces.

LET'S EMBRACE THE 'LESS MESS & MORE MOMENTS' MINDSET IN OUR LIVES.

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